



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Arrival &
Transitions

My Hands

M1

Encourage communication by talking with children, singing, sharing the daily plans/ schedule. Handwashing. Diapering + taking care of infants personal needs.

SED3.0d

SED5.0a

Open, Shut Them

M2

Encourage communication by talking with children, singing, sharing the daily plans/ schedule. Handwashing. Diapering + taking care of infants personal needs.

SED3.0d

SED5.0a

My Hands

M3

Encourage communication by talking with children, singing, sharing the daily plans/ schedule. Handwashing. Diapering + taking care of infants personal needs.

SED3.0d

SED5.0a

Open, Shut Them

M4

Encourage communication by talking with children, singing, sharing the daily plans/ schedule. Handwashing. Diapering + taking care of infants personal needs.

SED3.0d

SED5.0a

My Hands

M5

Encourage communication by talking with children, singing, sharing the daily plans/ schedule. Handwashing. Diapering + taking care of infants personal needs.

SED3.0d

SED5.0a



Group Activity

People in My Home

M11

Use soft family dolls or photographs to represent people who may live in a home. Name each person and allow infants to touch and explore the materials.

CD-SS1.0a

Where Does It Belong?

M12

Present a few safe household objects and matching room pictures. Model placing each object beside its familiar room while naming both.

CD-SS3.0b

Build a Soft Home

M13

Stack large foam blocks to form a simple home. Invite infants to reach, knock down, or help place a block while hearing position words such as on and under.

CD-MA5.0b

Home Peekaboo

M14

Hide a small family figure beneath a scarf or inside a box. Ask, "Where is the family?" and celebrate when the infant uncovers it.

CD-SC4.0a

Our Classroom Community

M15

Gather infants for a brief mirror circle and name each child. Use warm language to reinforce that everyone belongs in the classroom community.

SED2.0b



Language &
Literacy

Home Picture Talk

M16

Share sturdy photographs of houses, apartments, and rooms. Point to each image and repeat simple words such as home, door, window, and room.

CD-SS3.0b

The Family Book

M17

Read selected pages from The Family Book, allowing infants time to observe and touch the illustrations. Point to and name the different family members shown throughout the story using simple, descriptive language. Respond warmly to infants' facial expressions, gestures, movements, and vocalizations to encourage engagement and early communication.

CLL5.0b

Household Object Words

M18

Show safe household objects or picture cards, such as a spoon, cup, pillow, and towel. Name each item and describe one simple use.

CLL2.0a

The Napping House

M19

Read The Napping House using expressive voices, facial expressions, and changes in tone to maintain infants' interest. Pause throughout the story to allow infants time to observe and gently touch the illustrations. Name familiar characters and objects while responding positively to infants' gestures, movements, and vocalizations.

CLL6.0a

Neighborhood Sounds

M20

Introduce infants to familiar neighborhood sounds, such as a ringing doorbell, barking dog, or running lawn mower. Imitate or play each sound, then pause to allow infants time to listen and respond. Encourage them to turn toward the sound, make eye contact, move their bodies, or vocalize while an adult names its source.

CLL1.0a



Music &
Movement

Home Sweet Home Scarves

M26

Play soft music and provide lightweight scarves. Help infants wave, grasp, and release the scarves while describing their movements.

CD-CR3.0a

This Is the Way at Home

M27

Sing "This Is the Way" using verses about waking, washing, and eating. Gently assist infants with simple matching movements.

CD-CR1.0a

Neighborhood Music

M28

Play a short selection of family-friendly music from different cultures. Sway, clap, or bounce gently with infants while following their cues.

CD-CR3.0a

Rocking in Our Home

M29

Hold or support infants safely while singing a gentle rocking song. Change the tempo slightly and describe slow and fast movements.

CD-CR3.0a

Sing-Along Body Moves

M30

Sing and move to "Head, Shoulders, Knees, and Toes," gently helping infants touch or identify the corresponding body parts. Continue the experience with "Five Little Monkeys," using expressive gestures, facial expressions, and simple bouncing movements.

CD-CR1.0a



MONDAY

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Art + Sensory
Activity

Water and Sponge Play M6

Place a small amount of lukewarm water and several large, baby-safe sponges in a shallow sensory tray. Closely supervise infants as they touch, pat, squeeze, and splash the water using their hands and the sponges. Describe their actions with simple words such as wet, dry, squeeze, soft, and splash while responding positively to their movements and vocalizations.

CD-CP1.0a

House Color Painting M7

Provide a large house-shaped paper and infant-safe washable paint. Support infants as they make marks with their hands or a sponge.

CD-CR2.0a

Kitchen Sound Containers M8

Provide tightly sealed containers that make gentle sounds when moved. Model shaking each container and allow infants to explore cause and effect.

CD-SC1.0c

Contact-Paper Window Art M9

Secure a large sheet of clear contact paper to a low window or wall with the adhesive side facing outward. Provide large pieces of colorful tissue paper or cellophane for infants to touch, grasp, and press onto the sticky surface with close adult supervision. Describe the colors, textures, and changes in light while responding to infants' movements, facial expressions, and vocalizations.

CD-CR2.0a

Bubble Watching M10

Blow bubbles slowly within infants' view and encourage them to visually track the bubbles as they move through the air. Support infants as they turn their heads, shift their gaze, or reach toward the bubbles. Describe the bubbles using simple words such as up, down, big, and pop while responding positively to infants' movements and vocalizations.

CD-SC3.0a



Motor
Development

Crawl to the House M21

Place a large house picture or soft block structure within view. Encourage infants to roll, scoot, or crawl toward it according to individual ability.

PDM5.0b

Laundry Basket Reach M22

Place soft washcloths in a shallow basket. Encourage infants to reach, grasp, remove, and return the cloths with adult support.

PDM5.0a

Stack the Rooms M23

Provide large nesting cups or soft blocks as pretend rooms. Invite infants to grasp, stack, separate, and knock down the pieces.

PDM6.0a

Window Reach M24

Attach high-contrast home pictures to a low wall or secure surface. Encourage infants to reach, pat, and visually track the pictures.

PDM6.0b

Pillow Path M25

Arrange firm cushions on a clean floor surface. Closely supervise infants as they reach, roll, scoot, or crawl across the soft path.

PDM5.0b

TAKE HOME

MONDAY

Home Color Hunt Choose one color and find safe household objects that match it. Show each item to your infant, repeat the color word, and allow supervised touching when appropriate.

TUESDAY

Kitchen Utensil Play Provide large, baby-safe kitchen items, such as silicone spoons, measuring cups, and plastic bowls. Allow your infant to grasp, tap, stack, and explore the objects while you name them.

WEDNESDAY

Build a Soft Home Use pillows, cushions, or soft blocks to create a simple pretend home. Encourage your infant to reach, roll, scoot, or crawl toward and around the structure.

THURSDAY

Room-to-Room Tour Carry or safely guide your infant through different rooms in your home. Name each room and point out familiar objects, such as the bed, table, bathtub, and couch.

FRIDAY

Household Sound Hunt Help your infant listen to familiar sounds around the home, such as running water, a ringing doorbell, or a washing machine. Name the source of each sound and imitate it together.

Individual Supports & Weekly Materials

ADAPTATIONS FOR INDIVIDUAL STUDENTS Initials only

No individual adaptations are required for this weekly plan.

The evidence review did not identify an activity-specific need.

Weekly Materials List

Headcount: 10

To order

- 2 bottles Non-toxic washable paint
- 2 bottles paint brushes

Prep / On hand

- | | | | |
|-----------|-----------------------------|---------|-------------------------------|
| 5 sets | Crayons or washable markers | 6 sets | Gross-motor props |
| 50 sheets | White paper | 17 each | Music player |
| 11 sets | Book basket | 2 sets | Counting manipulatives |
| 6 areas | Open floor space | 2 sets | Number or shape cards |
| 11 sets | Picture cards | 17 sets | Rhythm instruments or scarves |
| 5 sets | Visual routine cards | 1 each | Sensory tray |

Materials by Activity

M1	Monday / Arrival & Transitions	Book basket, Picture cards, Music player, Rhythm instruments or scarves, Visual routine cards	M2	Tuesday / Arrival & Transitions	Book basket, Picture cards, Music player, Rhythm instruments or scarves, Visual routine cards
M3	Wednesday / Arrival & Transitions	Book basket, Picture cards, Music player, Rhythm instruments or scarves, Visual routine cards	M4	Thursday / Arrival & Transitions	Book basket, Picture cards, Music player, Rhythm instruments or scarves, Visual routine cards
M5	Friday / Arrival & Transitions	Book basket, Picture cards, Music player, Rhythm instruments or scarves, Visual routine cards	M6	Monday / Art + Sensory Activity	White paper, Crayons or washable markers
M7	Tuesday / Art + Sensory Activity	White paper, Crayons or washable markers, Non-toxic washable paint, paint brushes	M8	Wednesday / Art + Sensory Activity	White paper, Crayons or washable markers, Non-toxic washable paint, paint brushes, Sensory tray
M9	Thursday / Art + Sensory Activity	White paper, Crayons or washable markers	M10	Friday / Art + Sensory Activity	White paper, Crayons or washable markers
M11	Monday / Group Activity	Music player, Rhythm instruments or scarves	M12	Tuesday / Group Activity	Book basket, Picture cards
M13	Wednesday / Group Activity	Music player, Rhythm instruments or scarves	M14	Thursday / Group Activity	Counting manipulatives, Number or shape cards
M15	Friday / Group Activity	Counting manipulatives, Number or shape cards	M16	Monday / Language & Literacy	Book basket, Picture cards
M17	Tuesday / Language & Literacy	Book basket, Picture cards, Open floor space, Gross-motor props	M18	Wednesday / Language & Literacy	Book basket, Picture cards
M19	Thursday / Language & Literacy	Book basket, Picture cards	M20	Friday / Language & Literacy	Book basket, Picture cards
M21	Monday / Motor Development	Music player, Rhythm instruments or scarves, Open floor space, Gross-motor props	M22	Tuesday / Motor Development	Music player, Rhythm instruments or scarves, Open floor space, Gross-motor props
M23	Wednesday / Motor Development	Music player, Rhythm instruments or scarves, Open floor space, Gross-motor props	M24	Thursday / Motor Development	Music player, Rhythm instruments or scarves, Open floor space, Gross-motor props
M25	Friday / Motor Development	Music player, Rhythm instruments or scarves, Open floor space, Gross-motor props	M26	Monday / Music & Movement	Music player, Rhythm instruments or scarves
M27	Tuesday / Music & Movement	Music player, Rhythm instruments or scarves	M28	Wednesday / Music & Movement	Music player, Rhythm instruments or scarves
M29	Thursday / Music & Movement	Music player, Rhythm instruments or scarves	M30	Friday / Music & Movement	Music player, Rhythm instruments or scarves

M6 MONDAY / ART + SENSORY ACTIVITY**Water and Sponge Play**

- Activity directions: Place a small amount of lukewarm water and several large, baby-safe sponges in a shallow sensory tray. Closely supervise infants as they touch, pat, squeeze, and splash the water using their hands and the sponges. Describe their actions with simple words such as wet, dry, squeeze, soft, and splash while responding positively to their movements and vocalizations.

M8 WEDNESDAY / ART + SENSORY ACTIVITY**Kitchen Sound Containers**

- Activity directions: Provide tightly sealed containers that make gentle sounds when moved. Model shaking each container and allow infants to explore cause and effect.

M10 FRIDAY / ART + SENSORY ACTIVITY**Bubble Watching**

- Activity directions: Blow bubbles slowly within infants' view and encourage them to visually track the bubbles as they move through the air. Support infants as they turn their heads, shift their gaze, or reach toward the bubbles. Describe the bubbles using simple words such as up, down, big, and pop while responding positively to infants' movements and vocalizations.

M12 TUESDAY / GROUP ACTIVITY**Where Does It Belong?**

- Activity directions: Present a few safe household objects and matching room pictures. Model placing each object beside its familiar room while naming both.

M7 TUESDAY / ART + SENSORY ACTIVITY**House Color Painting**

- Activity directions: Provide a large house-shaped paper and infant-safe washable paint. Support infants as they make marks with their hands or a sponge.

M9 THURSDAY / ART + SENSORY ACTIVITY**Contact-Paper Window Art**

- Activity directions: Secure a large sheet of clear contact paper to a low window or wall with the adhesive side facing outward. Provide large pieces of colorful tissue paper or cellophane for infants to touch, grasp, and press onto the sticky surface with close adult supervision. Describe the colors, textures, and changes in light while responding to infants' movements, facial expressions, and vocalizations.

M11 MONDAY / GROUP ACTIVITY**People in My Home**

- Activity directions: Use soft family dolls or photographs to represent people who may live in a home. Name each person and allow infants to touch and explore the materials.

M13 WEDNESDAY / GROUP ACTIVITY**Build a Soft Home**

- Activity directions: Stack large foam blocks to form a simple home. Invite infants to reach, knock down, or help place a block while hearing position words such as on and under.

M14 THURSDAY / GROUP ACTIVITY

Home Peekaboo

- Activity directions: Hide a small family figure beneath a scarf or inside a box. Ask, "Where is the family?" and celebrate when the infant uncovers it.

M16 MONDAY / LANGUAGE & LITERACY

Home Picture Talk

- Activity directions: Share sturdy photographs of houses, apartments, and rooms. Point to each image and repeat simple words such as home, door, window, and room.

M18 WEDNESDAY / LANGUAGE & LITERACY

Household Object Words

- Activity directions: Show safe household objects or picture cards, such as a spoon, cup, pillow, and towel. Name each item and describe one simple use.

M20 FRIDAY / LANGUAGE & LITERACY

Neighborhood Sounds

- Activity directions: Introduce infants to familiar neighborhood sounds, such as a ringing doorbell, barking dog, or running lawn mower. Imitate or play each sound, then pause to allow infants time to listen and respond. Encourage them to turn toward the sound, make eye contact, move their bodies, or vocalize while an adult names its source.

M15 FRIDAY / GROUP ACTIVITY

Our Classroom Community

- Activity directions: Gather infants for a brief mirror circle and name each child. Use warm language to reinforce that everyone belongs in the classroom community.

M17 TUESDAY / LANGUAGE & LITERACY

The Family Book

- Activity directions: Read selected pages from The Family Book, allowing infants time to observe and touch the illustrations. Point to and name the different family members shown throughout the story using simple, descriptive language. Respond warmly to infants' facial expressions, gestures, movements, and vocalizations to encourage engagement and early communication.

M19 THURSDAY / LANGUAGE & LITERACY

The Napping House

- Activity directions: Read The Napping House using expressive voices, facial expressions, and changes in tone to maintain infants' interest. Pause throughout the story to allow infants time to observe and gently touch the illustrations. Name familiar characters and objects while responding positively to infants' gestures, movements, and vocalizations.

M21 MONDAY / MOTOR DEVELOPMENT

Crawl to the House

- Activity directions: Place a large house picture or soft block structure within view. Encourage infants to roll, scoot, or crawl toward it according to individual ability.

M22 TUESDAY / MOTOR DEVELOPMENT**Laundry Basket Reach**

- Activity directions: Place soft washcloths in a shallow basket. Encourage infants to reach, grasp, remove, and return the cloths with adult support.

M24 THURSDAY / MOTOR DEVELOPMENT**Window Reach**

- Activity directions: Attach high-contrast home pictures to a low wall or secure surface. Encourage infants to reach, pat, and visually track the pictures.

M26 MONDAY / MUSIC & MOVEMENT**Home Sweet Home Scarves**

- Activity directions: Play soft music and provide lightweight scarves. Help infants wave, grasp, and release the scarves while describing their movements.

M28 WEDNESDAY / MUSIC & MOVEMENT**Neighborhood Music**

- Activity directions: Play a short selection of family-friendly music from different cultures. Sway, clap, or bounce gently with infants while following their cues.

M23 WEDNESDAY / MOTOR DEVELOPMENT**Stack the Rooms**

- Activity directions: Provide large nesting cups or soft blocks as pretend rooms. Invite infants to grasp, stack, separate, and knock down the pieces.

M25 FRIDAY / MOTOR DEVELOPMENT**Pillow Path**

- Activity directions: Arrange firm cushions on a clean floor surface. Closely supervise infants as they reach, roll, scoot, or crawl across the soft path.

M27 TUESDAY / MUSIC & MOVEMENT**This Is the Way at Home**

- Activity directions: Sing "This Is the Way" using verses about waking, washing, and eating. Gently assist infants with simple matching movements.

M29 THURSDAY / MUSIC & MOVEMENT**Rocking in Our Home**

- Activity directions: Hold or support infants safely while singing a gentle rocking song. Change the tempo slightly and describe slow and fast movements.

Activity Guide

Infants / Week 39 (9/28-10/2)

M30 FRIDAY / MUSIC & MOVEMENT

Sing-Along Body Moves

- Activity directions: Sing and move to “Head, Shoulders, Knees, and Toes,” gently helping infants touch or identify the corresponding body parts. Continue the experience with “Five Little Monkeys,” using expressive gestures, facial expressions, and simple bouncing movements.