



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Arrival &
Transitions

My Hands

M1

Encourage communication by talking with students and singing the weekly transition songs Share the daily plans/schedule. Diapering & taking care of toddlers personal needs. Handwashing.

SED3.1d

CLL1.1a

Open, Shut Them

M2

Encourage communication by talking with students and singing the weekly transition songs Share the daily plans/schedule. Diapering & taking care of toddlers personal needs. Handwashing.

SED3.1d

CLL1.1a

My Hands

M3

Encourage communication by talking with students and singing the weekly transition songs Share the daily plans/schedule. Diapering & taking care of toddlers personal needs. Handwashing.

SED3.1d

CLL1.1a

Open, Shut Them

M4

Encourage communication by talking with students and singing the weekly transition songs Share the daily plans/schedule. Diapering & taking care of toddlers personal needs. Handwashing.

SED3.1d

CLL1.1a

My Hands

M5

Encourage communication by talking with students and singing the weekly transition songs Share the daily plans/schedule. Diapering & taking care of toddlers personal needs. Handwashing.

SED3.1d

CLL1.1a



Language &
Literacy

Home Picture Talk

M11

Share sturdy photographs of houses, apartments, and familiar rooms. Name the door, window, roof, and room, then invite children to point to a named feature.

CLL2.1a

Neighborhood Sounds

M12

Play or imitate familiar sounds, such as a doorbell, barking dog, or lawn mower. Invite children to locate the sound, imitate it, or match it to one of two pictures.

CLL1.1b

The Family Book

M13

Read The Family Book, encouraging children to observe the illustrations, touch the pictures, and help turn the pages. Identify and name the different family members shown throughout the story. Invite children to point to familiar people, repeat simple family words, and respond using gestures or vocalizations.

CLL5.1b

Household Object Words

M14

Present safe household objects or picture cards, such as a cup, spoon, pillow, and towel. Name each item, demonstrate its use, and invite children to select a named object.

CLL4.1c

The Napping House

M15

Read the story using expressive voices and repeated phrases. Encourage children to point to familiar characters, imitate sleeping, and help turn the pages.

CLL6.1c



Music &
Movement

Musical Homes

M21

Arrange hoops on the floor to represent pretend homes. Invite children to walk or dance around the open space while music plays, then move into a hoop when the music stops. Encourage children to follow the stop-and-go cues, share the space safely, and practice moving with awareness of others.

CD-CR3.1a

Community Parade

M22

Give children streamers and follow a taped route through the pretend neighborhood. March to a steady beat, stop at picture signs, and maintain personal space.

CD-CR3.1a

Sing-Along Body Moves

M23

Sing "Head, Shoulders, Knees, and Toes" and "Five Little Monkeys" with expressive gestures. Invite children to identify body parts and imitate bending, reaching, and gentle bouncing movements.

CD-CR1.1a

Scarf Dance

M24

Play gentle music and provide lightweight scarves. Encourage children to wave, lift, drop, and retrieve the scarves while following simple movement words.

CD-CR3.1a

Neighborhood Music

M25

Play short selections of family-friendly music from different cultures. Offer simple instruments and encourage children to shake, tap, sway, or clap to the beat.

CD-CR3.1a

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8c Group Activity	House Color Sort M26 Provide large house cards in two or three clearly contrasting colors, along with corresponding colored mats. Model how to select a house and place it on the mat of the same color. Encourage children to sort the remaining houses while naming and repeating each color together. APL3.1b	What's That Shadow? M27 Use a flashlight to shine light on a toy house, blocks, or family figures and create shadows on a wall or light-colored surface. Slowly move the objects closer to and farther away from the light source. Encourage children to observe how the shadows change in size and position while introducing words such as light, shadow, big, and small. CD-SC1.1c	Which Building Is Taller? M28 Display three model buildings that have clearly different heights. Encourage children to compare two buildings at a time using descriptive words such as tall, short, taller, and shorter. Work together to arrange the buildings in order from shortest to tallest. CD-MA3.1a	Our Classroom Community M29 Gather children for a brief name circle using a baby-safe mirror or class photographs. Roll a soft ball to each child, say the child's name, and encourage a wave or greeting. SED5.1a	Home Shape Match M30 Display a simple house picture created with large circles, squares, rectangles, and triangles. Name each shape and point out where it appears on the house, such as a square window or triangular roof. Invite children to select matching foam shapes and place them on the corresponding parts of the picture. CD-MA6.1a



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Art + Sensory
Activity

Creative Drawing

M6

Provide thick crayons, washable markers, and paper in a variety of colors. Invite children to choose their preferred materials and create an original work of art. Encourage them to explore different lines, shapes, and colors while developing early drawing skills and creative expression.

CD-CR2.1a

Bubble Chase and Pop

M7

Blow bubbles across an open area and encourage children to watch, walk, reach, and gently pop them. Use simple position and action words such as up, down, near, reach, and pop.

CD-SC4.1c

House Color Painting

M8

Provide large house-shaped paper, washable paint, and chunky brushes or sponges. Allow children to choose colors and make independent strokes, dabs, and prints.

CD-CR2.1a

Water and Sponge Transfer

M9

Place a small amount of water and large sponges in a shallow tray. Encourage children to squeeze the sponges and move water between two containers while hearing wet, dry, full, and empty.

CD-SC2.1a

Contact-Paper Window Collage

M10

Secure clear contact paper to a low window or wall with the sticky side facing outward. Invite children to choose and press tissue-paper pieces onto the surface while naming colors and textures.

CD-CR2.1a



Motor
Development

Step Over

M16

Place pool noodles, taped lines, or low foam pieces on the floor. Help children step over each "sidewalk" while holding an adult's hand when needed.

PDM5.1b

Laundry Basket Transfer

M17

Fill a shallow basket with clean washcloths and large socks. Invite children to remove, carry, and return the items while practicing the concepts in and out.

PDM6.1a

Pillow Path

M18

Arrange firm cushions and soft mats across a clear floor space. Closely supervise children as they crawl, step, balance, and move over the path according to ability.

PDM3.1a

Stack the Rooms

M19

Provide nesting cups or large blocks as pretend rooms. Encourage children to stack, separate, fill, empty, and knock down the materials independently.

PDM6.1b

Moving Day Challenge

M20

Provide lightweight boxes or foam blocks. Children carry one item along a short pathway from one pretend home to another. Practice bending, carrying, and placing safely.

PDM5.1a

TAKE HOME

MONDAY

Big and Small Find a large and small version of familiar objects, such as bowls, towels, or boxes. Name which item is big and which is small, then encourage your child to point to the one you request.

TUESDAY

Home Shape Search Look for simple shapes around your home, such as a rectangular door, square window, or circular plate. Point to and name each shape without expecting your child to identify it independently.

WEDNESDAY

Home Color Hunt Choose one color and search for safe household objects that match it. Repeat the color word and encourage your child to point to, touch, or carry each matching object.

THURSDAY

Open and Close Help your child safely open and close cabinet doors, empty containers, or sturdy boxes. Use the words open and close while describing each action.

FRIDAY

Laundry Basket Helper Fill a shallow basket with clean washcloths and large socks. Invite your child to remove, carry, sort, and return the items while practicing in and out.

Individual Supports & Weekly Materials

ADAPTATIONS FOR INDIVIDUAL STUDENTS Initials only

No individual adaptations are required for this weekly plan.

The evidence review did not identify an activity-specific need.

Weekly Materials List

Headcount: 10

To order

- 2 bottles Non-toxic washable paint
- 2 bottles paint brushes

Prep / On hand

- | | | | |
|-----------|--|---------|-------------------------------|
| 5 sets | Crayons or washable markers | 4 sets | Gross-motor props |
| 50 sheets | White paper | 16 each | Music player |
| 6 sets | Book basket | 5 sets | Counting manipulatives |
| 5 areas | Open floor space | 5 sets | Number or shape cards |
| 6 sets | Picture cards | 5 sets | Table toys |
| 4 each | sorting tray | 16 sets | Rhythm instruments or scarves |
| 1 set | Teacher-selected exploration materials | 1 each | Sensory tray |
| 5 sets | Visual routine cards | | |

Materials by Activity

M1	Monday / Arrival & Transitions	Music player, Rhythm instruments or scarves, Visual routine cards, Table toys	M2	Tuesday / Arrival & Transitions	Music player, Rhythm instruments or scarves, Visual routine cards, Table toys
M3	Wednesday / Arrival & Transitions	Music player, Rhythm instruments or scarves, Visual routine cards, Table toys	M4	Thursday / Arrival & Transitions	Music player, Rhythm instruments or scarves, Visual routine cards, Table toys
M5	Friday / Arrival & Transitions	Music player, Rhythm instruments or scarves, Visual routine cards, Table toys	M6	Monday / Art + Sensory Activity	White paper, Crayons or washable markers
M7	Tuesday / Art + Sensory Activity	White paper, Crayons or washable markers, Non-toxic washable paint, paint brushes, Sensory tray	M8	Wednesday / Art + Sensory Activity	White paper, Crayons or washable markers
M9	Thursday / Art + Sensory Activity	White paper, Crayons or washable markers, Non-toxic washable paint, paint brushes	M10	Friday / Art + Sensory Activity	White paper, Crayons or washable markers
M11	Monday / Language & Literacy	Book basket, Picture cards	M12	Tuesday / Language & Literacy	Book basket, Picture cards
M13	Wednesday / Language & Literacy	Book basket, Picture cards	M14	Thursday / Language & Literacy	Book basket, Picture cards, Music player, Rhythm instruments or scarves
M15	Friday / Language & Literacy	Book basket, Picture cards	M16	Monday / Motor Development	Music player, Rhythm instruments or scarves, Open floor space, Gross-motor props
M17	Tuesday / Motor Development	Music player, Rhythm instruments or scarves, Open floor space, Gross-motor props	M18	Wednesday / Motor Development	Music player, Rhythm instruments or scarves, Open floor space, Gross-motor props
M19	Thursday / Motor Development	Counting manipulatives, Number or shape cards, Music player, Rhythm instruments or scarves, Open floor space	M20	Friday / Motor Development	Music player, Rhythm instruments or scarves, Open floor space, Gross-motor props
M21	Monday / Music & Movement	Music player, Rhythm instruments or scarves	M22	Tuesday / Music & Movement	Music player, Rhythm instruments or scarves
M23	Wednesday / Music & Movement	Music player, Rhythm instruments or scarves	M24	Thursday / Music & Movement	Music player, Rhythm instruments or scarves
M25	Friday / Music & Movement	Music player, Rhythm instruments or scarves	M26	Monday / Group Activity	Counting manipulatives, Number or shape cards, sorting tray
M27	Tuesday / Group Activity	Book basket, Picture cards, Teacher-selected exploration materials	M28	Wednesday / Group Activity	Counting manipulatives, Number or shape cards, sorting tray
M29	Thursday / Group Activity	Counting manipulatives, Number or shape cards, sorting tray	M30	Friday / Group Activity	Counting manipulatives, Number or shape cards, sorting tray

M6 MONDAY / ART + SENSORY ACTIVITY

Creative Drawing

- Activity directions: Provide thick crayons, washable markers, and paper in a variety of colors. Invite children to choose their preferred materials and create an original work of art. Encourage them to explore different lines, shapes, and colors while developing early drawing skills and creative expression.

M8 WEDNESDAY / ART + SENSORY ACTIVITY

House Color Painting

- Activity directions: Provide large house-shaped paper, washable paint, and chunky brushes or sponges. Allow children to choose colors and make independent strokes, dabs, and prints.

M10 FRIDAY / ART + SENSORY ACTIVITY

Contact-Paper Window Collage

- Activity directions: Secure clear contact paper to a low window or wall with the sticky side facing outward. Invite children to choose and press tissue-paper pieces onto the surface while naming colors and textures.

M12 TUESDAY / LANGUAGE & LITERACY

Neighborhood Sounds

- Activity directions: Play or imitate familiar sounds, such as a doorbell, barking dog, or lawn mower. Invite children to locate the sound, imitate it, or match it to one of two pictures.

M7 TUESDAY / ART + SENSORY ACTIVITY

Bubble Chase and Pop

- Activity directions: Blow bubbles across an open area and encourage children to watch, walk, reach, and gently pop them. Use simple position and action words such as up, down, near, reach, and pop.

M9 THURSDAY / ART + SENSORY ACTIVITY

Water and Sponge Transfer

- Activity directions: Place a small amount of water and large sponges in a shallow tray. Encourage children to squeeze the sponges and move water between two containers while hearing wet, dry, full, and empty.

M11 MONDAY / LANGUAGE & LITERACY

Home Picture Talk

- Activity directions: Share sturdy photographs of houses, apartments, and familiar rooms. Name the door, window, roof, and room, then invite children to point to a named feature.

M13 WEDNESDAY / LANGUAGE & LITERACY

The Family Book

- Activity directions: Read The Family Book, encouraging children to observe the illustrations, touch the pictures, and help turn the pages. Identify and name the different family members shown throughout the story. Invite children to point to familiar people, repeat simple family words, and respond using gestures or vocalizations.

M14 THURSDAY / LANGUAGE & LITERACY**Household Object Words**

- Activity directions: Present safe household objects or picture cards, such as a cup, spoon, pillow, and towel. Name each item, demonstrate its use, and invite children to select a named object.

M16 MONDAY / MOTOR DEVELOPMENT**Step Over**

- Activity directions: Place pool noodles, taped lines, or low foam pieces on the floor. Help children step over each “sidewalk” while holding an adult’s hand when needed.

M18 WEDNESDAY / MOTOR DEVELOPMENT**Pillow Path**

- Activity directions: Arrange firm cushions and soft mats across a clear floor space. Closely supervise children as they crawl, step, balance, and move over the path according to ability.

M20 FRIDAY / MOTOR DEVELOPMENT**Moving Day Challenge**

- Activity directions: Provide lightweight boxes or foam blocks. Children carry one item along a short pathway from one pretend home to another. Practice bending, carrying, and placing safely.

M15 FRIDAY / LANGUAGE & LITERACY**The Napping House**

- Activity directions: Read the story using expressive voices and repeated phrases. Encourage children to point to familiar characters, imitate sleeping, and help turn the pages.

M17 TUESDAY / MOTOR DEVELOPMENT**Laundry Basket Transfer**

- Activity directions: Fill a shallow basket with clean washcloths and large socks. Invite children to remove, carry, and return the items while practicing the concepts in and out.

M19 THURSDAY / MOTOR DEVELOPMENT**Stack the Rooms**

- Activity directions: Provide nesting cups or large blocks as pretend rooms. Encourage children to stack, separate, fill, empty, and knock down the materials independently.

M21 MONDAY / MUSIC & MOVEMENT**Musical Homes**

- Activity directions: Arrange hoops on the floor to represent pretend homes. Invite children to walk or dance around the open space while music plays, then move into a hoop when the music stops. Encourage children to follow the stop-and-go cues, share the space safely, and practice moving with awareness of others.

M22 TUESDAY / MUSIC & MOVEMENT

Community Parade

- Activity directions: Give children streamers and follow a taped route through the pretend neighborhood. March to a steady beat, stop at picture signs, and maintain personal space.

M24 THURSDAY / MUSIC & MOVEMENT

Scarf Dance

- Activity directions: Play gentle music and provide lightweight scarves. Encourage children to wave, lift, drop, and retrieve the scarves while following simple movement words.

M26 MONDAY / GROUP ACTIVITY

House Color Sort

- Activity directions: Provide large house cards in two or three clearly contrasting colors, along with corresponding colored mats. Model how to select a house and place it on the mat of the same color. Encourage children to sort the remaining houses while naming and repeating each color together.

M28 WEDNESDAY / GROUP ACTIVITY

Which Building Is Taller?

- Activity directions: Display three model buildings that have clearly different heights. Encourage children to compare two buildings at a time using descriptive words such as tall, short, taller, and shorter. Work together to arrange the buildings in order from shortest to tallest.

M23 WEDNESDAY / MUSIC & MOVEMENT

Sing-Along Body Moves

- Activity directions: Sing "Head, Shoulders, Knees, and Toes" and "Five Little Monkeys" with expressive gestures. Invite children to identify body parts and imitate bending, reaching, and gentle bouncing movements.

M25 FRIDAY / MUSIC & MOVEMENT

Neighborhood Music

- Activity directions: Play short selections of family-friendly music from different cultures. Offer simple instruments and encourage children to shake, tap, sway, or clap to the beat.

M27 TUESDAY / GROUP ACTIVITY

What's That Shadow?

- Activity directions: Use a flashlight to shine light on a toy house, blocks, or family figures and create shadows on a wall or light-colored surface. Slowly move the objects closer to and farther away from the light source. Encourage children to observe how the shadows change in size and position while introducing words such as light, shadow, big, and small.

M29 THURSDAY / GROUP ACTIVITY

Our Classroom Community

- Activity directions: Gather children for a brief name circle using a baby-safe mirror or class photographs. Roll a soft ball to each child, say the child's name, and encourage a wave or greeting.

Activity Guide

Toddlers / Week 39 (9/28-10/2)

M30 FRIDAY / GROUP ACTIVITY

Home Shape Match

- Activity directions: Display a simple house picture created with large circles, squares, rectangles, and triangles. Name each shape and point out where it appears on the house, such as a square window or triangular roof. Invite children to select matching foam shapes and place them on the corresponding parts of the picture.